

# Halflytely Bowel Preparation

Start the day prior to your scheduled procedure date

**You will be on clear liquids the whole day prior to the procedure.** Eating anything solid could interfere with the bowel cleansing process and cause your procedure to be cancelled.

**Clear Liquids Include:** Water, Clear Broth or Bouillon, Coffee or Tea Without Creamer or Milk, Kool-Aid, Popsicles, Sprite, 7up, Clear Juices Without Pulp. **No clear liquids that are red, purple, or blue in color. IF YOU CANNOT SEE THRU IT DO NOT DRINK IT.**

12:00pm Add the water and one of the flavor packs to the jug of powder and refrigerate.

2:00pm take the 2 Bisacodyl Tablets in the box.

You will not start drinking the Halflytely mixture until you have had your 1<sup>st</sup> bowel movement after taking the 2 Bisacodyl Tablets, or 3-4 hours after taking pills if no bowel movement occurs before then.

You will then drink an 8oz. glass of the Halflytely every 15 minutes until it is all gone.

**PLEASE** make a conscious effort to drink as many clear liquids as you can before, during, and after the preparation to prevent dehydration and a poor prep\*\*\*\*\*

You can have **NOTHING by mouth after midnight** unless you take heart or blood pressure medications. Take these with a sip of water early morning the day of the procedure.

**Please be sure to have a designated driver with you.**