

INSTRUCTIONS FOR UPPER(EGD) ENDOSCOPY

If you have been taking anticoagulant medication (**Coumadin or Plavix**), **iron supplements** or **multivitamins** that contain iron; **aspirin** or **aspirin containing products**; **ibuprofen** or **naproxen**, please **discontinue** them **7 days prior** to your test. ***If you are diabetic please contact your physician for further instructions. ***

DAY OF THE EXAMINATION:

DO NOT drink anything the day of your exam. If you have specific medical conditions such as high blood pressure or angina, you may take your morning medications with a small sip of water early on the day of your test.

Bring with you:

1. Someone to drive you home. You will be given sedation before your examination. You will NOT be allowed to leave unaccompanied and you will NOT be able to drive a car for the remainder of the day.
2. Insurance cards and driver's license and a list of your medications.

If you have to **CANCEL** your procedure please call our OFFICE at 687-0234.

Attention: Due to ever changing insurance policies, we do not verify benefits. Because the course of your care can change during the pre-procedure interview with your physician or the procedure itself, we recommend strongly that you verify your individual coverage for screening exams as well as therapeutic procedures. Please feel free to contact our office if you have any questions. For more information visit www.endoscopicservicespa.com